

Self Assessment Questions

Managing an Acid Mouth

with Dr. Marc Geissberger

- 1) In a healthy individual, the process of chewing causes the pH of saliva to increase from _____ to _____.
 - a) 6.5, 7.0
 - b) 7.0, 7.8
 - c) 6.5, 7.8
 - d) 7.0, 7.4

- 2) Generally speaking, the mineral content of bottled water compared to tap water is _____.
 - a) Higher
 - b) Approximately the same
 - c) Lower
 - d) Too much variation to say

- 3) Using sealants as a regular practice for pits and fissures will help prevent occlusal decay. Dr. Geissberger recommends the use of varnishes to protect against acidic materials found in our diets.
 - a) Both statements true
 - b) Both statements false
 - c) First statement true, second statement false
 - d) First statement false, second statement true

- 4) The recommended therapeutic dose of xylitol is _____ grams per day.
 - a) 2-4
 - b) 4-6
 - c) 6-10
 - d) 10-16

- 5) Which of the following is not an acid buffer found in our bodies?
 - a) Citric Acid
 - b) Bicarbonate
 - c) Calcium
 - d) Ammonium

- 6) Non-carious Class V lesions include which of the following?
 - a) Tooth brush abrasion
 - b) Abfraction
 - c) Erosion
 - d) All of the above

- 7) In a class V restoration on which of the following prep design is advocated:
 - a) Standard 1.0 mm bevel on the enamel, no bevel on the dentin
 - b) Standard 1.0 mm bevel on the enamel, small bevel on the dentin
 - c) irregular bevel (varying in height and depth) on the enamel, no bevel on the dentin
 - d) irregular bevel (varying in height and depth) on the enamel, small bevel on the dentin

- 8) Dr. Geissberger spoke highly of which of the following finishing and polishing systems for composites.
 - a) Pogo (Dentsply)
 - b) ET Illustra (Brasseler)
 - c) A.S.A.P. (Clinician's Choice)
 - d) Turtle Wax (Turtle Wax)