

## Self Assessment Questions

### Managing an Acid Mouth

with Dr. Marc Geissberger

- 1) In a healthy individual, the process of chewing causes the pH of saliva to increase from \_\_\_\_ to \_\_\_\_.
  - a) 6.5, 7.0
  - b) 7.0, 7.8
  - c) 6.5, 7.8
  - d) 7.0, 7.4
  
- 2) Generally speaking, the mineral content of bottled water compared to tap water is \_\_\_\_.
  - a) Higher
  - b) Approximately the same
  - c) Lower
  - d) Too much variation to say
  
- 3) Using sealants as a regular practice for pits and fissures will help prevent occlusal decay. Dr. Geissberger recommends the use of varnishes to protect against acidic materials found in our diets.
  - a) Both statements true
  - b) Both statements false
  - c) First statement true, second statement false
  - d) First statement false, second statement true
  
- 4) The recommended therapeutic dose of xylitol is \_\_\_\_ grams per day.
  - a) 2-4
  - b) 4-6
  - c) 6-10
  - d) 10-16
  
- 5) Which of the following is not an acid buffer found in our bodies?
  - a) Citric Acid
  - b) Bicarbonate
  - c) Calcium
  - d) Ammonium
  
- 6) Non-carious Class V lesions include which of the following?
  - a) Tooth brush abrasion
  - b) Abfraction
  - c) Erosion
  - d) All of the above
  
- 7) In a class V restoration on which of the following prep design is advocated:
  - a) Standard 1.0 mm bevel on the enamel, no bevel on the dentin
  - b) Standard 1.0 mm bevel on the enamel, small bevel on the dentin
  - c) irregular bevel (varying in height and depth) on the enamel, no bevel on the dentin
  - d) irregular bevel (varying in height and depth) on the enamel, small bevel on the dentin
  
- 8) Dr. Geissberger spoke highly of which of the following finishing and polishing systems for composites.
  - a) Pogo (Dentsply)
  - b) ET Illustra (Brasseler)
  - c) A.S.A.P. (Clinician's Choice)
  - d) Turtle Wax (Turtle Wax)